

● **LIVE WEBINAR**

SIMPLEOPTION
STRATEGIES

How to Trade **SPX Weekly Options**

**GENERATE CONSISTENT PROFITS
TRADING WEEKLY EXPIRING SPX
OPTIONS**



Presenter

AL LOSADA

What You Can Expect

I am going to show you how you can make consistent **returns daily**, based on margin capital at risk or by **using SPX Weeklys high probability trades**.

Without taking large losses, and make those returns month over month.



THE NEW SPX STRATEGY



SimpleOption
Strategies

WHY I CHANGED THE STRATEGY

The market has changed in the past year or two. It's now more difficult to achieve consistent returns with the same strategy, So I updated it to one that fits better in the current environment.

What You Will Learn

① How to Build a Monthly SPX Income System

Learn how to layer new positions every 5–7 days within the 30–35-day window to create a steady theta ladder. This rhythm builds consistent monthly income without daily stress.

② The Exact Setup for 25-Point Iron Condors

Master the strike selection, delta targets, and premium range (\$1.50–\$3.00) that keep trades balanced, defined, and scalable across any account size.

③ How to Adjust Without Emotion

Follow a simple, mechanical process for rolling spreads toward price while maintaining balance. Small planned debits protect structure and prevent large losses.

④ How to Stay Profitable in Any Market Condition

Adapt confidently to bullish, bearish, or sideways markets using volatility awareness and neutral positioning so time—not direction—drives results.

⑤ How to Capture Additional Premium from Profitable Positions

Learn how to roll forward or re-sell safe sides to collect extra credit and extend theta income without adding new risk.

⑥ How to Manage Debit Spreads with Confidence

Turn losing sides into controlled adjustments by re-centering and using limited debits as protection. Each move preserves balance and keeps you profitable long term.

STAY WITH ME
UNTIL THE END

SOS SPECIAL BONUS

BONUS

REASON 01

You are interested in learning new strategies that will take your trading performance to the next level so you can finally leave the 9-5 career behind



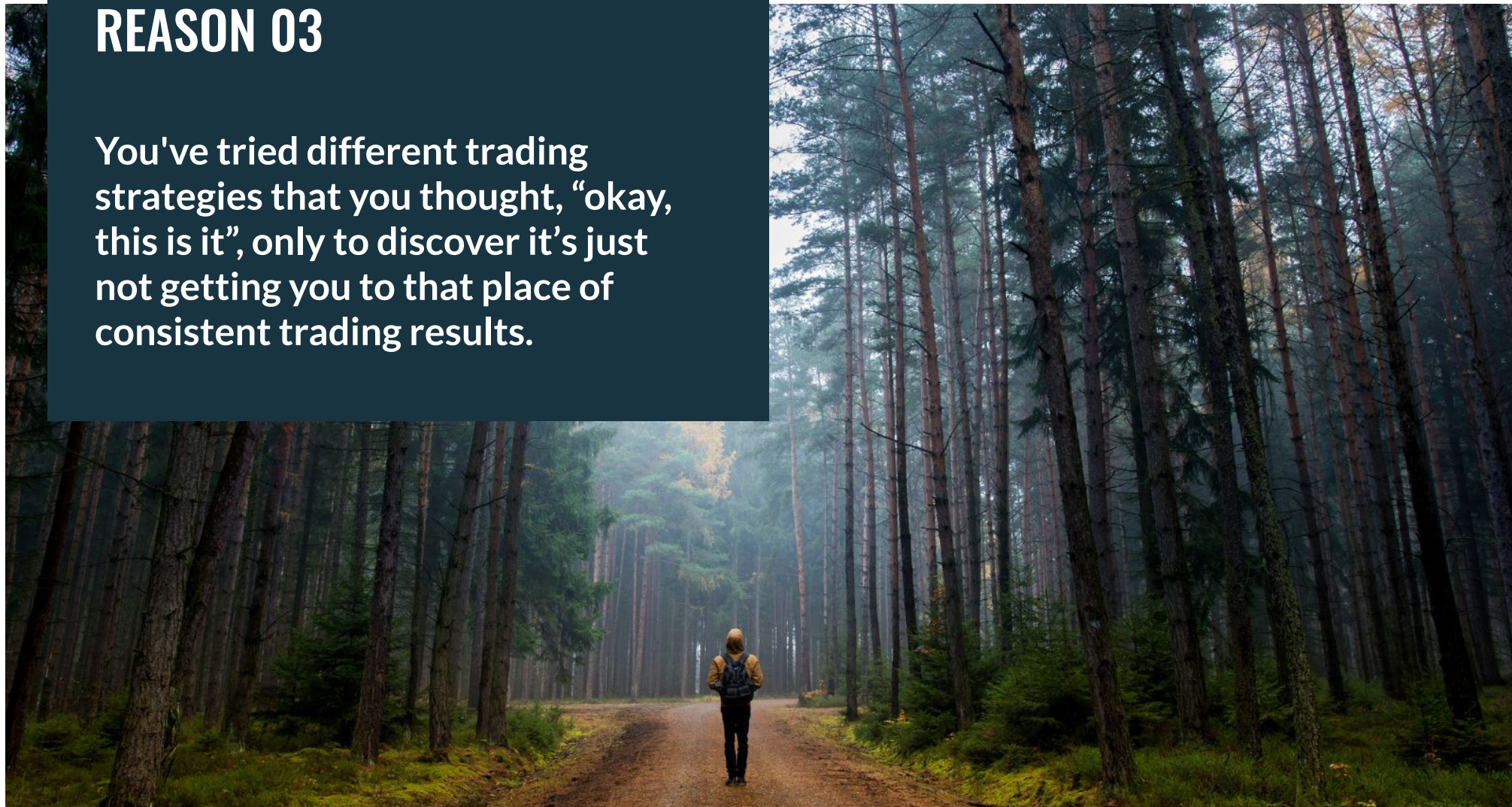
REASON 02

You've seen, heard about, read about others making money trading, and you know you can do it too but you're just not seeing your account grow fast enough based on your goals.



REASON 03

You've tried different trading strategies that you thought, “okay, this is it”, only to discover it's just not getting you to that place of consistent trading results.





1: Interested in learning new strategies

2: Desire to see your account grow month after month

3: Find the right strategy that provides consistent trading results



IMAGINE

Imagine what it would feel like if most of your trades were winners month after month and it would be confirmed by watching the size of your account grow at the same time.





**Becoming the trader that no longer takes large losses
but consistently trades according to a proven trade plan
that is profitable over time allowing you to grow your
account month over month**

What Is the SPX?

The SPX represents the **S&P 500 Index** — the benchmark of the 500 largest U.S. companies traded on major exchanges.

It reflects the **overall health of the U.S. stock market** and is used by traders to gauge market direction and compare performance.

SPX options are based on this index — they allow you to trade market movement as a whole, not individual stocks.

Because it's **cash-settled**, you never take ownership of shares — only the profit or loss from price movement.

SPX options are ideal for income strategies because they move smoothly with the market, have deep liquidity, and follow clear patterns of volatility.

S&P 500 INDEX



Why We Trade SPX Credit Spreads

Defined Risk / Defined Reward: You sell one option and buy another further out to cap losses while keeping upfront premium.

Time Works for You: Every day that passes, options lose value — that decay (theta) becomes your profit.

High Probability Setup: Most trades profit simply if price stays between your strikes — no need to predict direction.

Capital Efficiency: Spreads require far less margin than owning stock, so more trades can run simultaneously.

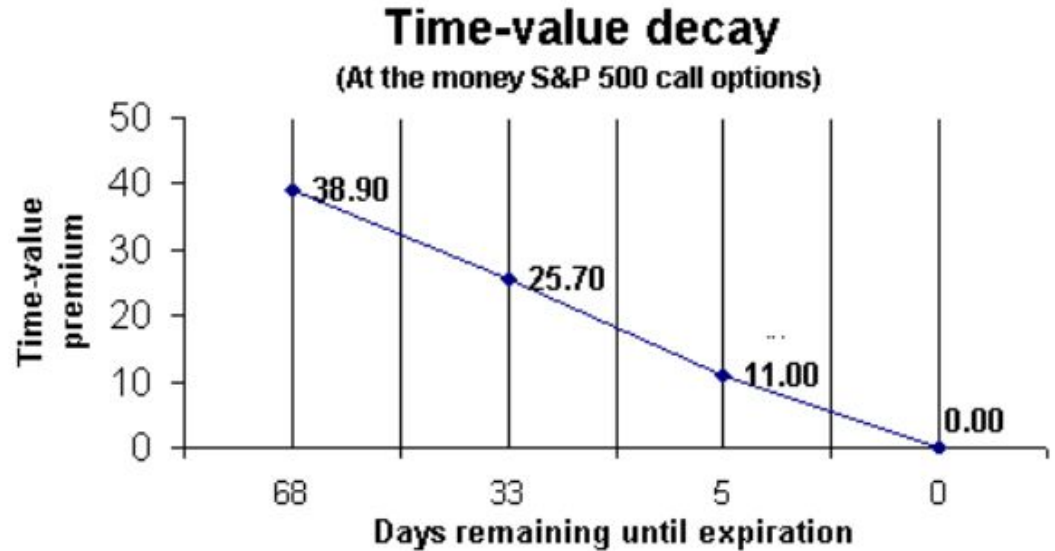
Tax Advantage (60/40 Rule): 60 % of gains are taxed at long-term capital-gains rates and 40 % at short-term, regardless of how long you hold.

Simple Mechanics: Choose your strikes, define width (25 points), collect premium, and let time do the work.



SPX Options Rate of Decay

- From 68 days to 33 days, the rate of decay is 34%
- From 33 days to 5 days, the rate of decay is 57%
- From 5 days to expiration the rate of decay is 100%





SPX

1d



SPX · Nov 10, 2025 ^

O 6785.36 H 6841.32 L 6770.56 C 6832.43

Volume 0.00



7200.00

7150.00

7125.00

Dec 10

7080.00

7040.00

7000.00

Nov 17

6975.00

6960.00

6920.00

6880.00

6832.43

6800.00

6760.00

6720.00

6680.00

6640.00

6600.00

6560.00

Nov 17

6525.00

6500.00

Dec 10

6480.00

6450.00

6425.00

Sep

Oct

Nov

11/17

Dec

12/13

Entry/Exit Guidelines

This 30–35 Day SPX strategy is designed for **steady, structured returns** by managing time — not predicting direction. Each week, new positions are layered to maintain multiple expirations and continuous theta income.

Enter trades **30–35 days before expiration** after the first 30–60 minutes of market action (around 10:00 AM ET). **Delta Targets:** 16 Δ put side and 8 Δ call side.

Credit Range: \$2.20 – \$2.40 per 25-point spread. Maintain **100–150 points** between the put and call sides for neutral balance.

Exit - Take Profit

Close positions between **\$0.10 and \$0.50 remaining** in premium.

Exit as soon as your profit target is reached — don't wait for expiration.

Typically occurs **7–14 days before expiration**, allowing room to add new cycles.

Risk Management

No hard stop losses — the system itself manages risk through **timely, mechanical adjustments**. The goal is **position control**, not reaction. Early rolls prevent deep drawdowns and keep the balance consistent.

Exit - Adjustment or Roll

Roll the threatened side when **SPX moves within 40 points of your short strike** or when delta exceeds **25**.

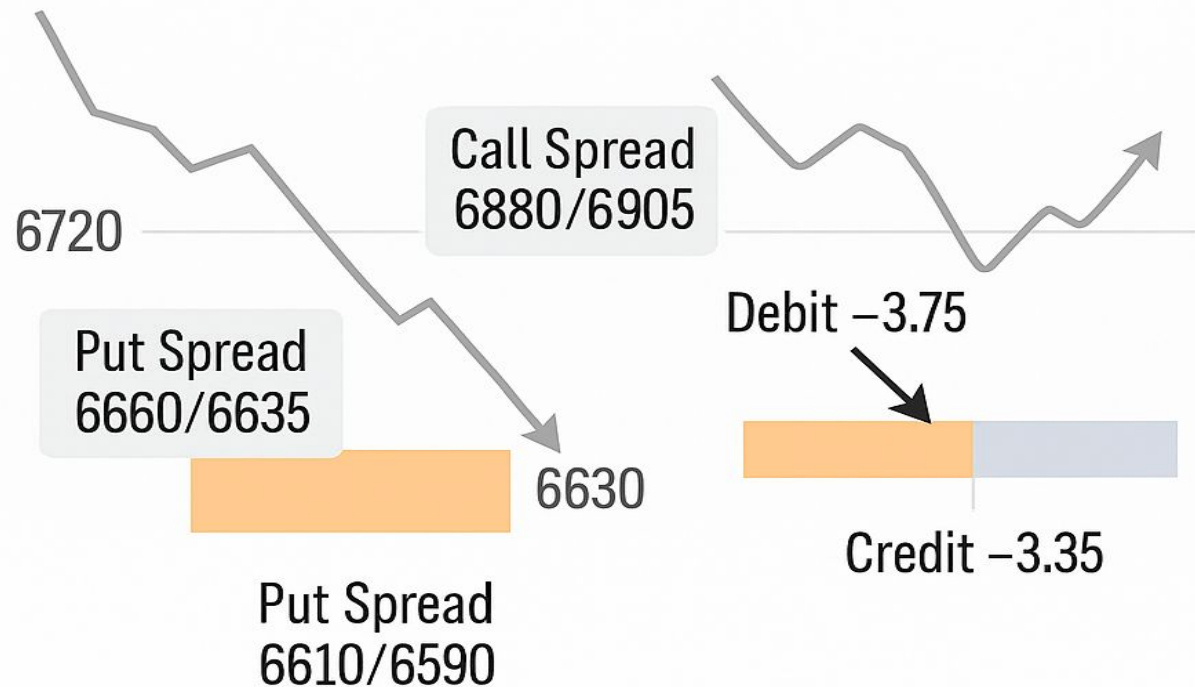
Stay mechanical — always roll **toward price**, not away from it.

Maintain **50–100 points of total distance** between call and put sides after the adjustment.

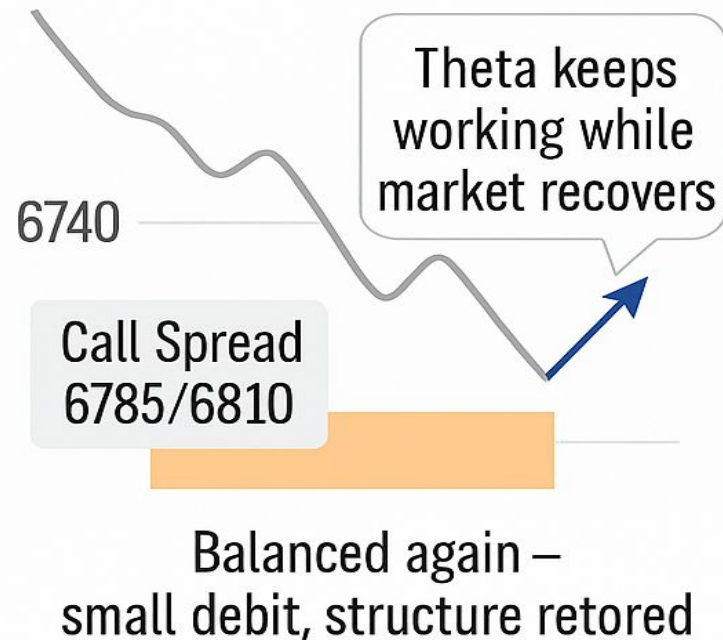
Roll within the same expiration whenever possible to preserve theta efficiency.

Market Movement and Adjustment Flow

Adjustment



After Adjustment





SPX Performance Overview

Period

Full Period
(Sep 11 – Nov – 10)

Last 30 Days
(Oct 11 – Nov 10)

Results & Insights

 **+\$25,755 Net Profit**

Consistent returns from all SPX trades – including opens, closes, and rolls – across two months of structured trading.

 **+\$18,687 Net Profit**

The majority of profits came in the past 30 days – right after implementing the new adjustment and layering method within the same expiration.



The 30–35 Day SPX Strategy delivers steady, controlled income through mechanical management and layered consistency.



YES

Would you like to follow our trades while you learn using the our short term strategies I've outlined so you can be a consistently profitable trader?

One: Interested in learning new strategies

Two: Desire to see your account grow month after month

Three: Find the right strategy that provides consistent trading results



► Time to Break the Barriers!

Will you keep doing what you're doing and **hope** that one day something will stick?



No Quit Attitude
Commitment
Discipline
Having an Edge

Will you finally **take the steps** that will get you to the place you want to be and **THAT WORKS!**





SUCCESS



SOS Trade Alerts

SOS Trade Alerts are instant trade notifications sent directly to a phone or computer that announce high probability options and futures trades for those who are seeking to generate consistent income and more dependable returns from their trades.

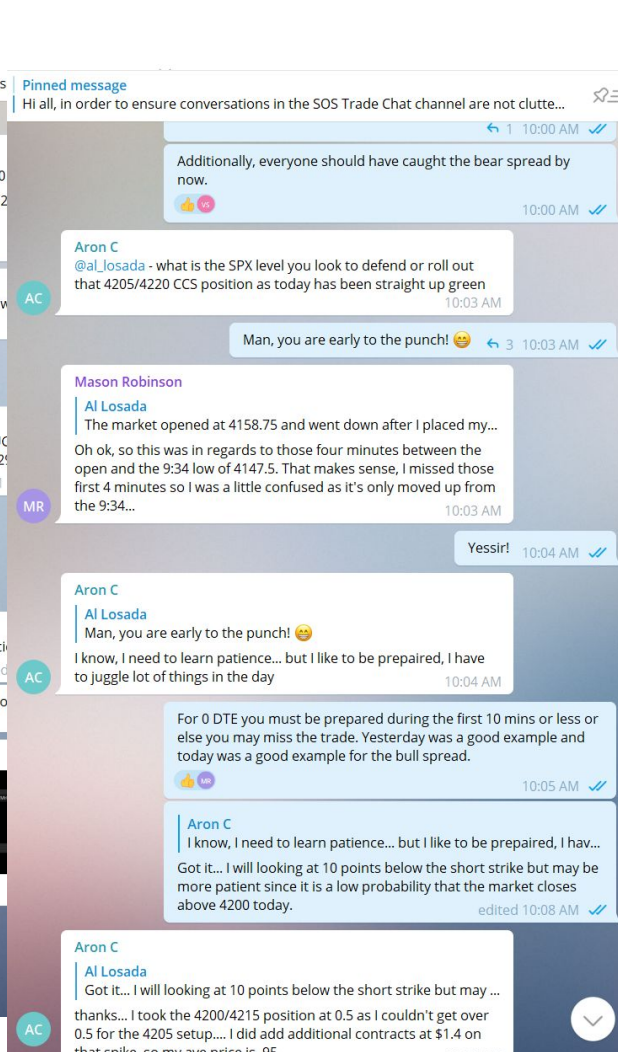
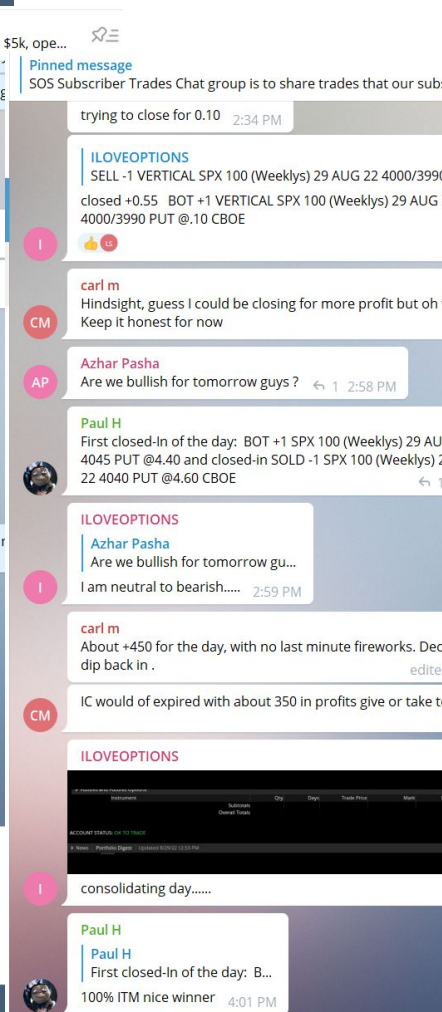
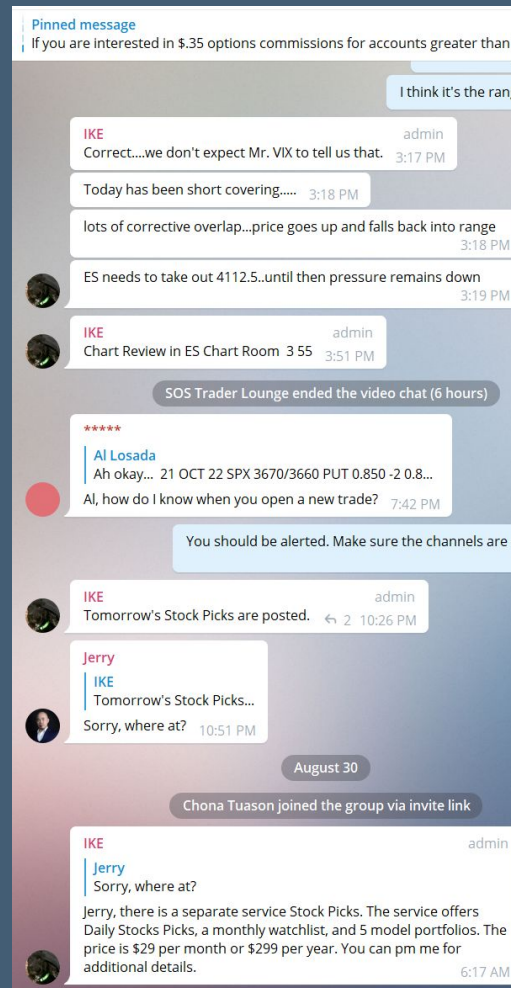


SOS Trade Alerts

Whether you're just getting started or already successful and ready to expand your strategies, SOS Trade Alerts will help you trade at your highest level. It's designed to transform your trading from uncertain to predictable and teach you how to generate consistent returns.

Live chat and..

Subscriber Chat Groups



Channels for Trade Alerts

Pinned message

Credit spreads capital requirements that I use: For every \$10k of margin I limit my po...

Potential Bull Credit Spread

Spread 1:

SELL -5 VERTICAL SPX 100 (Weeklys) 29 AUG 22 3960/3950 PUT @.60
LMT

Spread 2:

SELL -5 VERTICAL SPX 100 (Weeklys) 29 AUG 22 3965/3955 PUT @.70
LMT

Potential Iron Condor:

SELL -5 IRON CONDOR SPX 100 (Weeklys) 29 AUG 22
4090/4100/3965/3955 CALL/PUT @1.20 LMT

The potential trades above may or may not be taken by me since the pre-market may have moved before regular session. I post my trades shortly after the market opens. I look for premiums between .50 and .75. The lower risk premium spreads are listed as Spread 1 and the higher risk premium spreads are listed as Spread 2.

79 Al Losada, 8:53 AM

SOS 0 DTE Live Trades

STO -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

89 IntegroBot, 9:32 AM

SOS 0 DTE Live Trades

STO -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

88 IntegroBot, 9:33 AM

SOS 0 DTE Live Trades

STO -2 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

87 IntegroBot, 9:34 AM

SOS 0 DTE Live Trades

STO -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

87 IntegroBot, 9:35 AM

SOS 0 DTE Live Trades

STO -5 VERTICAL SPX 100 (Weeklys) 29 AUG 22 3965/3955 PUT @.55

87 IntegroBot, 9:36 AM

SOS 0 DTE Live Trades

All trades will expire worthless

61 Al Losada, 3:55 PM

SOS 0 DTE Live Trades

29 Aug 22 SPX 3965/3955 PUT 0.55 -5 0.55 \$272.01

29 Aug 22 SPX 4085/4095 CALL 0.50 -5 0.50 \$247.01

Daily Total Premium P/L 1.05 Total 2 Trade(s) Trade P/L \$519.02

Running Total Premium P/L 146.72 Total 842 Trade(s) Trade P/L

\$9,373.47

51 IntegroBot, 5:10 PM

Pinned message

Credit spreads capital requirements that I use: For every \$10k of margin I limit my po...

SOS 7 DTE Live Trades

OPEN POSITION

The following positions are sorted by Expiration Date:

Trade 390-1: 2022-08-25

-1 SPX(Weekly) 29 AUG 22 4045/4030 PUT @1.20

Trade 383-3: 2022-08-19

-3 SPX(Weekly) 30 AUG 22 4125/4085 PUT @1.65 avg cost

Trade 381-2: 2022-08-18

-1 SPX(Weekly) 29 AUG 22 4130/4120 PUT @0.70

Trade 389: 2022-08-25

-2 SPX(Weekly) 30 AUG 22 4020/4010 PUT @0.80

Trade 391: 2022-08-26 From 0DTE roll

-5 SPX(Weekly) 30 AUG 22 4105/4080 PUT @0.95

76 Ken, 12:06 PM

SOS 7 DTE Live Trades

Rolling trade 381

74 Al Losada, 12:43 PM

SOS 7 DTE Live Trades

SELL -1 VERT ROLL SPX 100 (Weeklys) 31 AUG 22/29 AUG 22

4090/4075/4130/4120 PUT @.10 LMT

74 Al Losada, 12:43 PM

SOS 7 DTE Live Trades

Had to change the strikes

73 Al Losada, 12:47 PM

SOS 7 DTE Live Trades

Trade Date: 2022-08-29T16:46:55.000Z

Trade: STO -1 VERT ROLL SPX 100 (Weeklys) 31 AUG 22/29 AUG 22

4095/4080/4130/4120 PUT @.00

73 IntegroBot, 12:47 PM

SOS 7 DTE Live Trades

Rolling trade 390

72 Al Losada, 1:00 PM

SOS 7 DTE Live Trades

Trade Date: 2022-08-29T17:00:03.000Z

Trade: STO -1 VERT ROLL SPX 100 (Weeklys) 30 AUG 22/29 AUG 22

4030/4015/4045/4030 PUT @.30

74 IntegroBot, 1:00 PM

SOS 7 DTE Live Trades

OPEN POSITION

The following positions are sorted by Expiration Date:

Trade 390-2: 2022-08-25

-1 SPX(Weekly) 30 AUG 22 4030/4015 PUT @1.50

Pinned message

Credit spreads capital requirements that I use: For every \$10k of margin I limit my po...

Running Total Premium P/L 59.476 Total 236 Trade(s) Trade P/L

\$57,359.81

87 IntegroBot, 5:10 PM

SOS Monthly Expiration Trades

Open Positions:

Trade 87: 2022-08-22

-1 SPX(AM) 16 SEP 22 3860/3850 PUT @0.85

Trade 67-5: 2021-12-28

-5 SPX(AM) 16 SEP 22 4380/4360 PUT @2.10

Trade 295-24, 296-18: 2022-01-04 -- Rolled From 7DTE

-10 SPX(AM) 16 SEP 22 4525/4460 PUT @-6.20

Trade 88: 2022-08-23 - BTO

+1 BUTTERFLY SPX(AM) 16 SEP 22 3845/3840/3825 PUT @-.80

110 Ken, edited 5:50 PM

August 25

SOS Monthly Expiration Trades

STO -2 VERTICAL SPX 100 21 OCT 22 AM 3670/3660 PUT @.85

117 IntegroBot, 9:54 AM

SOS Monthly Expiration Trades

Open Positions:

Trade 87: 2022-08-22

-1 SPX(AM) 16 SEP 22 3860/3850 PUT @0.85

Trade 67-5: 2021-12-28

-5 SPX(AM) 16 SEP 22 4380/4360 PUT @2.10

Trade 295-24, 296-18: 2022-01-04 -- Rolled From 7DTE

-10 SPX(AM) 16 SEP 22 4525/4460 PUT @-6.20

Trade 88: 2022-08-23 - BTO

+1 BUTTERFLY SPX(AM) 16 SEP 22 3845/3840/3825 PUT @-.80

Trade 89: 2022-08-25

-2 SPX(AM) 21 OCT 22 3670/3660 PUT @0.85

120 Ken, 10:13 AM

SOS Monthly Expiration Trades

21 OCT 22 SPX 3670/3660 PUT 0.850 -2 0.850 \$167.51

Daily Total Premium P/L 0.85 Total 1 Trade(s) Trade P/L \$167.51

Running Total Premium P/L 60.326 Total 237 Trade(s) Trade P/L

\$57,527.32

147 IntegroBot, 5:10 PM



Marianne Hodne
Kjaervik

► Trader Success Story

Al Losada is a great trading mentor, and I've been a part of his program for over a year now. He is very very patient, and my favorite strategies that he teaches us are the 7dte and Monthly SPX spreads. I'm finally able to make some monthly income trading!



Bruce Gardner

► Trader Success Story

Terrific service ! I've achieved slightly better than a 94% win rate since I started tracking, with documented gains in the 5-figures for a 31% gain in my options trading account in only 5 months. The best part is the risk management and post-trade management, KEY to any options trading plan. The subscription is money well spent and I highly recommend Al's service!



Glyn Norman

▶ Trader Success Story

"I started on 4 months ago and currently at \$22,092 in profits (not counting commissions) unlike almost every other trading system, AI has 100% transparency with his trades. He freely shares his spreadsheets showing all trades going back more than a year. Where else can you find that?? Honesty, transparency, win-rate, ... unrivalled.

► My Guarantee!

Subscribe for one month and lose money by following my trades, I will refund your subscription amount x 1.25!

Our Subscriptions

Waitlist

Free

Free Trade Alerts

- ✓ Options Trade Alerts on potential trades, including entry and exit points
- ✓ Live Pre-Market open briefing videos
- ✓ Direct chat Access to me (AI) and IKE
- ✓ Access to a community of other options traders like you
- ✓ Answers to options-related questions and trades

Join The Waitlist to
Get Free Trade
Alerts

Day Trader

\$79/M ~~\$99/M~~
Special Waitlist Price

Includes Weekly SPX Options


▼ ALERTS INCLUDED

- ✓ Subscriber Trade Alerts
- ✓ 0 DTE Alert
- ✓ Weekly SPX Alert
- ✓ Premium Trade Alert
- ✓ ~~Futures Alert~~
- ✓ ~~Fast Profit SPX Options Trades (by Michael)~~

▼ BONUSES INCLUDED

- ✓ Traders Chat
- ✓ Traders Education Portal
- ✓ Live Trade Rooms

Get Started

 125% Money Back
Guarantee

 Waitlist Price: \$79/Mo

Full Time Trader

\$109/M ~~\$129/M~~
Special Waitlist Price

Includes Futures Trades Alerts


▼ ALERTS INCLUDED

- ✓ Subscriber Trade Alerts
- ✓ 0 DTE Alert
- ✓ Weekly SPX Alert
- ✓ Premium Trade Alert
- ✓ Futures Alert
- ✓ ~~Fast Profit SPX Options Trades (by Michael)~~

▼ BONUSES INCLUDED

- ✓ Traders Chat
- ✓ Traders Education Portal
- ✓ Live Trade Rooms

Get Started

 125% Money Back
Guarantee

 Waitlist Price: \$109/Mo

Pro Trader

\$199/M ~~\$219/M~~
Special Waitlist Price

Includes ODTE Fast Profit
Channel

▼ ALERTS INCLUDED

- ✓ Subscriber Trade Alerts
- ✓ 0 DTE Alert
- ✓ Weekly SPX Alert
- ✓ Premium Trade Alert
- ✓ Futures Alert
- ✓ Fast Profit SPX Options Trades (by Michael)

▼ BONUSES INCLUDED

- ✓ Traders Chat
- ✓ Traders Education Portal
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Get Started

 125% Money Back
Guarantee

 Waitlist Price: \$199/Mo

► This is For You if...

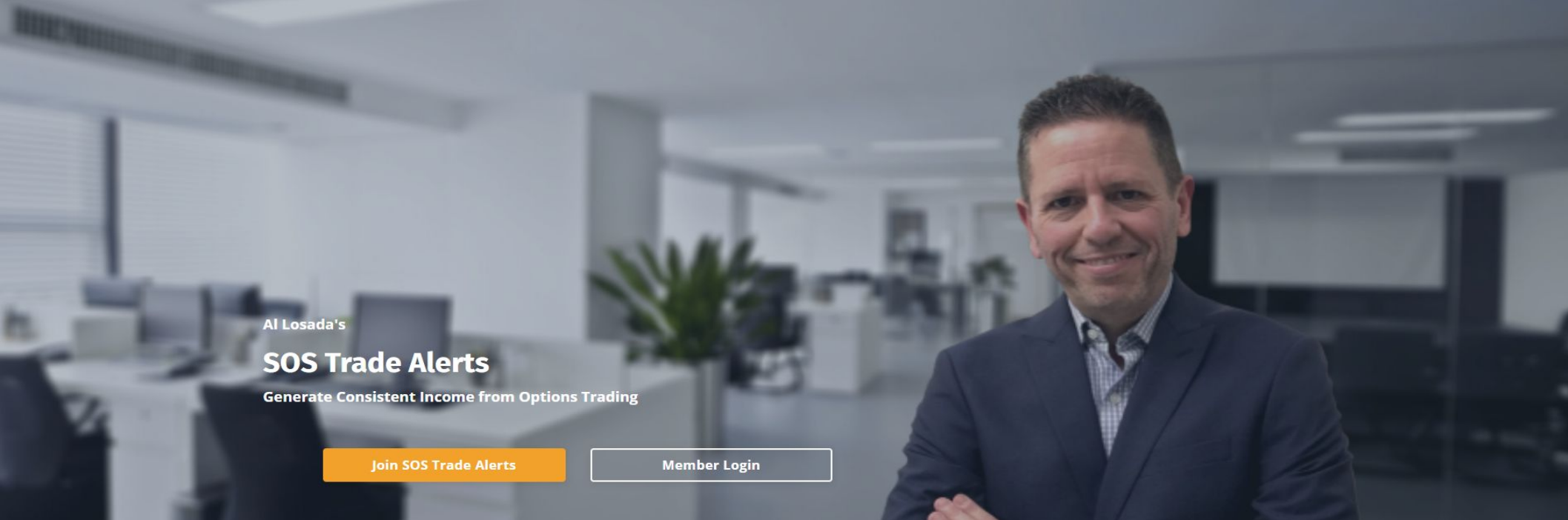
- You want to learn a step by step process to gain income in a market that goes up and down
- You want to finally break the series of losses and account drains
- You want to earn consistent income that sets you apart from other traders



► What You Get and Have Access to...

- \$20 off when you subscribe by joining
- A Professional Traders Chat group & Subscribers Trader Chat Group
- Training and Education Channel filled with great content
- Automated Signals within seconds of trade
- Trade entry fill price
- Price target after fill
- My Guarantee that you will make money!!

WIN

A man with short dark hair, wearing a dark blue suit jacket over a light blue checkered shirt, stands in a modern office. He is smiling and has his arms crossed. The background is a blurred office space with desks, computers, and plants.

AI Losada's

SOS Trade Alerts

Generate Consistent Income from Options Trading

[Join SOS Trade Alerts](#)

[Member Login](#)

Wow. This has been outstanding. I am very glad I purchased this. The guidance is realistic and not "pie in the sky" BS like many of the programs I have reviewed. The risk is real and I know how to manage it now with a plan and have confidence that my trading will be consistent.

Patrick Connors

I have subscribed to your alert since November 18 2020 and just wanna say I enjoyed it very much and I learned so much from your knowledge. Your adjustment strategy is GOLD. My 7 dte and monthly account DTE grew from my initial capital 5000 usd to 10,000 usd as of now and I thank you for that.

Yulius Widjaja