

# HOW TO MAKE PROFITS WITH 0 DTE SPX CREDIT SPREADS

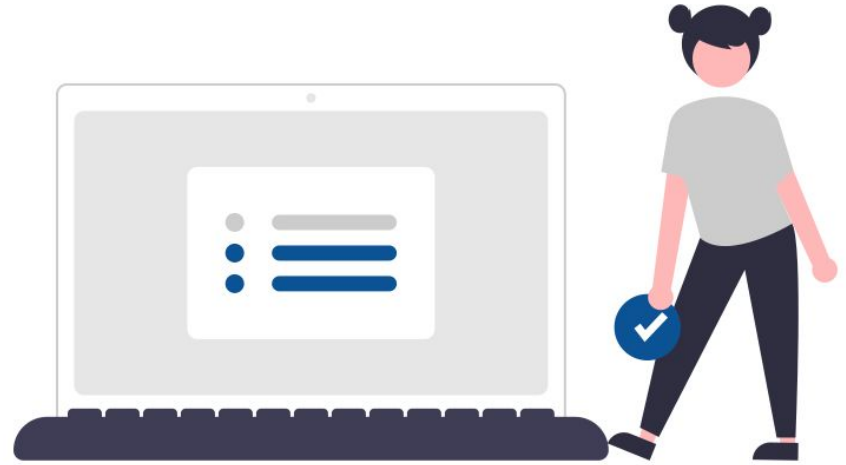


WITH AL LOSADA

# What You Can Expect

I am going to show you how you can make consistent **returns monthly**, based on margin capital at risk by **using SPX 0 DTE high probability trades**.

Without taking large losses, and make those returns month over month.



# What You Will Learn

HOW I WENT FROM  
TAKING 0 DTE 3X  
LOSSES TO VERY  
FEW LOSSES IN  
MONTHS

HOW TO IDENTIFY THE  
STRIKES & STRIKE  
PRICES YOU WILL USE  
TO INCREASE YOUR OF  
PROFITABILITY

HOW BEST TO  
MITIGATE A TRADE  
THAT IS  
THREATENED

CAPITAL  
REQUIREMENTS TO  
MANAGE ITM & OTM  
CREDIT SPREADS

THE BEST TIME TO  
WIDEN A SPREADS  
TO GAIN AN EDGE  
ON A POSITION

DETAILED ENTRY, EXIT  
AND STOP LOSS  
CRITERIA TO MAINTAIN  
CONSISTENCY

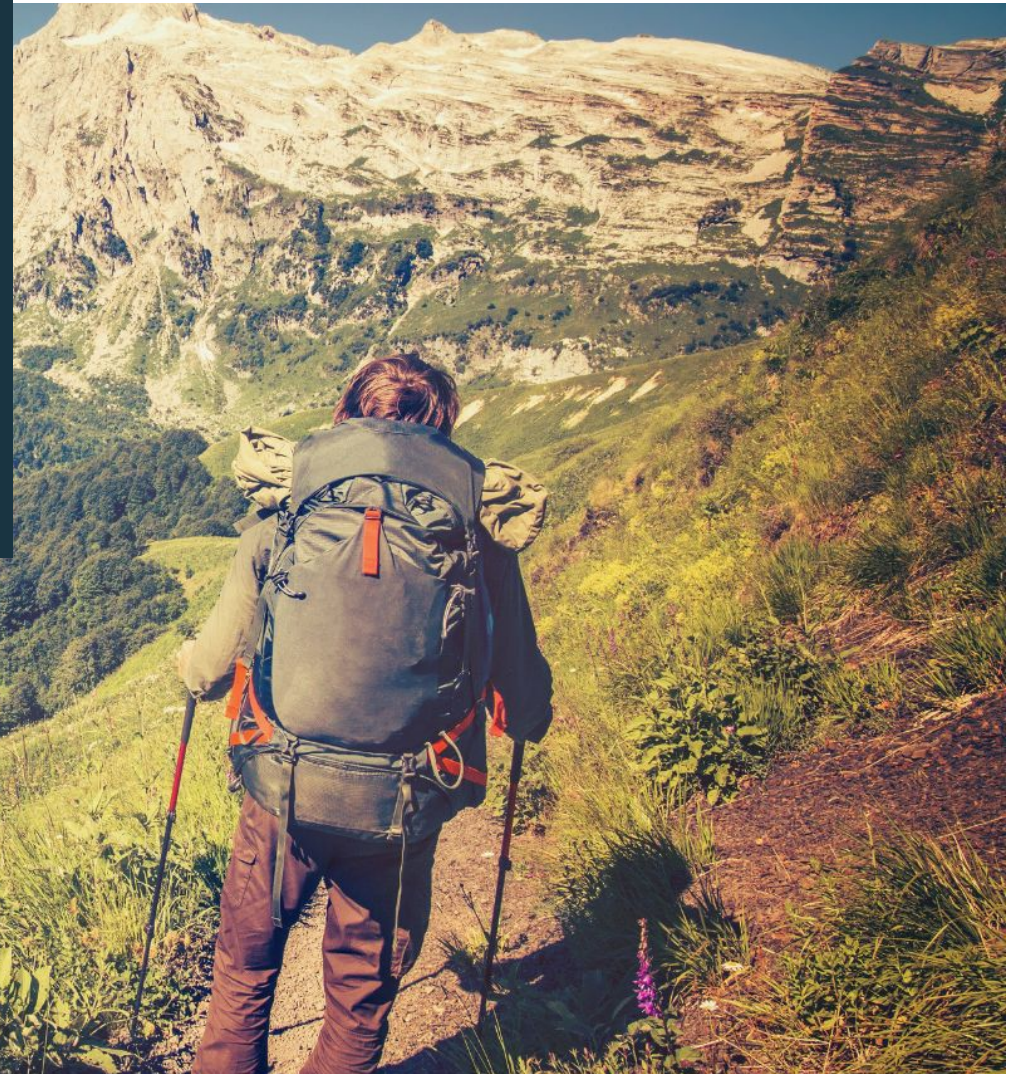
***STAY WITH ME***  
**UNTIL THE END**

**SOS SPECIAL BONUS**

**BONUS**

# REASON 01

You are interested in learning new strategies that will take your trading performance to the next level so you can finally leave the 9-5 career behind



## REASON 02

You've seen, heard about, read about others making money trading, and you know you can do it too but you're just not seeing your account grow fast enough based on your goals.



## REASON 03

You've tried different trading strategies that you thought, "okay, this is it", only to discover it's just not getting you to that place of consistent trading results.





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**# 1: Interested in learning new strategies**

**# 2: Desire to see your account grow month after month**

**# 3: Find the right strategy that provides consistent trading results**





# IMAGINE

Imagine what it would feel like if most of your trades were winners month after month and it would be confirmed by watching the size of your account grow at the same time.





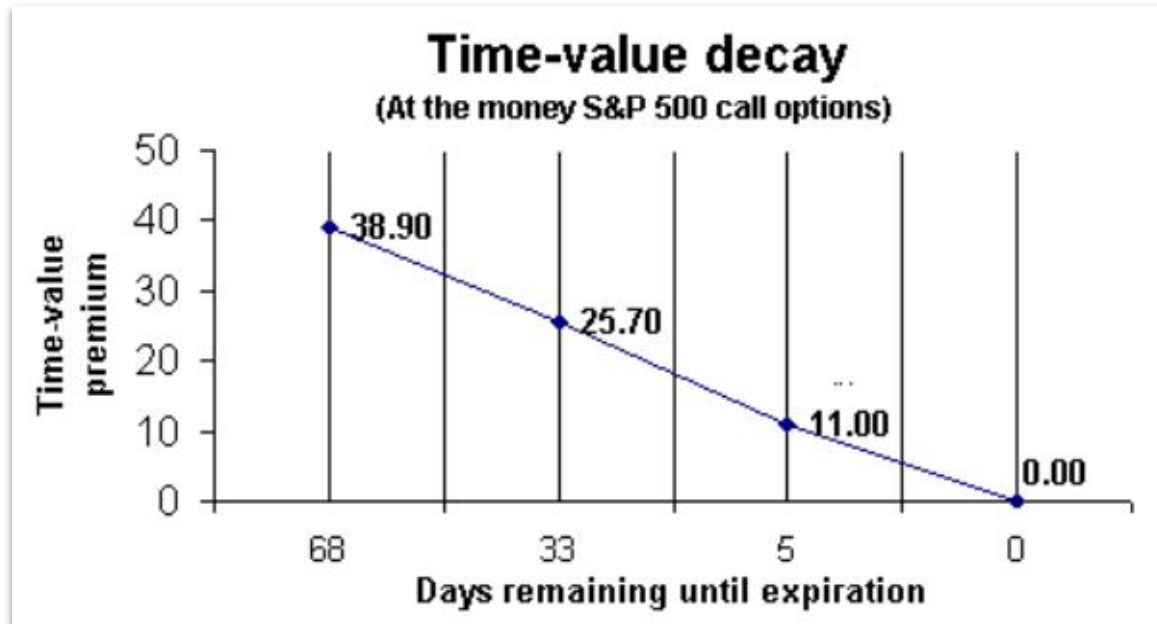
**Becoming the trader that no longer takes large losses  
but consistently trades according to a proven trade plan  
that is profitable over time allowing you to grow your  
account month over month**

## ► SPX Credit Spread - What is it?

- A credit spread has a combination of **two puts or two calls** where the put or call that is sold **is more expensive** than the put or call that is bought
- SELL -1 29 AUG 22 4050/4040 PUT @.50 (Bull Credit Spread)
- Selling the 4050 Put and Buying a 4040 Put
- Trade is considered to be a High Probability Trade



# SPX Options Rate of Decay



**From 68 days  
to 33 days**

the rate of  
decay is 34%

**From 33 days  
to 5 days**

the rate of  
decay is 57%

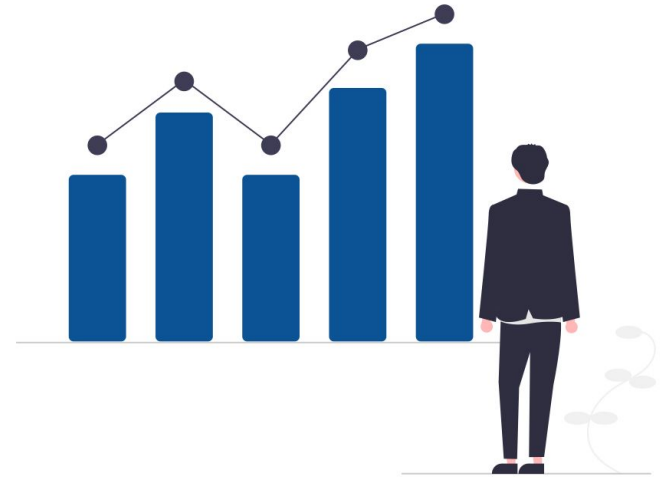
**From 5 days  
to expiration**

the rate of  
decay is 100%

# Profitability Factors

**Implied Volatility** - The ideal setup is a market with volatility moving lower while in a trade.

Placing the trade when volatility is high and then decreases, will significantly reduce the initial premium collected.



# Profitability Factors

**Theta** - Which is one of the greeks and measures the rate of decline in the value of an option due to the passage of time.

This is a big factor for short term options of 3 to 7 days.



# Profitability Factors

**Market Direction** - A market trending away from your position will cause the premium price to drop. If you enter this trade and the market moves against you or in the direction of the credit spread, you will see the premium price increase significantly.

But as long as it stays within an acceptable range, it will remain profitable



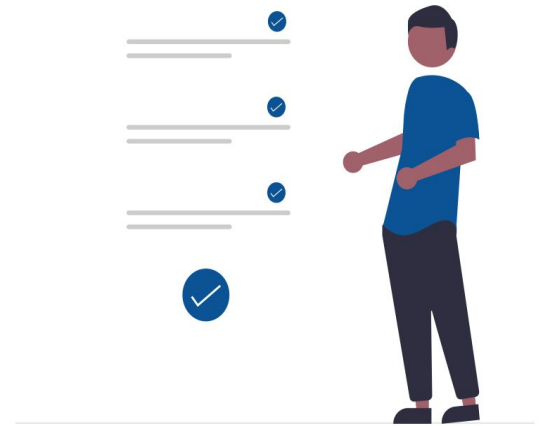


# Risk Management Guidelines & Daily Routines



# Risk Management

- Always trade with a plan
- Determine Max Loss and Risk/Reward before entering trade
- Trade no more than 20% (Credit Margin) of Trading Capital
- Do not allow more than a 2% loss/trade based on Trading Capital
- For highly trending market, position trades to follow the trend
- Size your trades to ensure emotions are not part of the decision making process - Trade small, trade often



# Pre-Market Routine

- Review areas of support and resistance
- Review US Dollar (\$DXY) for price action that can move the SPX
- Review 10 Year Treasury (TNX) Rates for price action that can move the SPX
- Review /ES (Futures) Trending Direction
- Review VIX level and Change
- Determine Credit Spread Positions and Save in TOS



## Previous 0 DTE trades:

SOS 0 DTE Live Trades, [7/24/2023 9:30 AM]

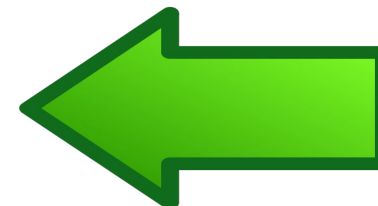
STO SELL -1 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4520/4510 PUT @.55 LMT

SOS 0 DTE Live Trades, [7/24/2023 9:32 AM]

STO SELL -2 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4580/4590 CALL @.50 LMT

SOS 0 DTE Live Trades, [7/24/2023 9:34 AM]

STO SELL -1 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4530/4520 PUT @.55 LMT



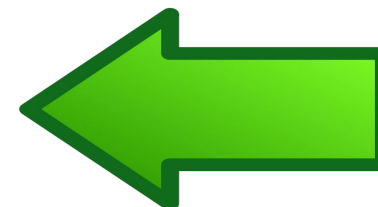
## Potential Bear Credit Spread

Spread 1:

SELL -2 VERTICAL SPX 100 (Weeklys) 25 JUL 23 4590/4600 CALL @.45 LMT

Spread 2:

SELL -2 VERTICAL SPX 100 (Weeklys) 25 JUL 23 4585/4595 CALL @.75 LMT



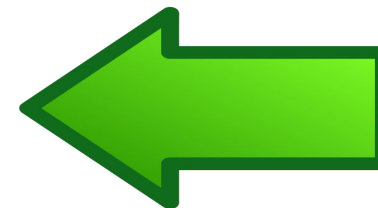
## Potential Bull Credit Spread

Spread 1:

SELL -2 VERTICAL SPX 100 (Weeklys) 25 JUL 23 4525/4515 PUT @.40 LMT

Spread 2:

SELL -2 VERTICAL SPX 100 (Weeklys) 25 JUL 23 4530/4520 PUT @.65 LMT



# Post-Market Routine

- Determine if rules were broken and why
- Determine if risk was within acceptable levels especially for wins
- Determine if losses were within acceptable ranges
- Determine if tweaks or adjustment to trading plan is necessary
- Update trade journal with findings



# SPX 0 DTE (DAYS TO EXPIRATION) STRATEGY





## Pattern Day Trader

- **What is it** - the buying and selling or selling and buying the same security on the same day and initiates days trades three or more times in any five consecutive business day period
- **What can happen** - If your account value is below \$25k, your account can be restricted to only selling current holdings

# Pattern Day Trader

## How to avoid being flagged as a PDT Account:

- Limit trades to one trade, three days/week
- Manage trades from multiple accounts
- Trade wide Iron Condors and allow them to expire
- Trade with a non-spread cash account
- Trade ES Futures Spreads





# Entry/Exit Guidelines

Enter within 1-10 min of market open using a 5 to 30 wide spread (I trade 10 wide)

Use a Delta of .05 to .06 or a premium of .45 to .70 should be targeted

Wider spreads provides a greater distance to the market (less risk) price but also require additional margin (greater risk)

## Exit - Take Profit

\$.10 for each spread

Closing the short strike @\$.05 (Commission free but still incurs PDT restriction and exchange fees)

Expiration

Don't allow a profitable trade to turn into a unprofitable trade.

## Exit - Adjustment or Roll

Roll bull spread when within 5 to 10 points of threatened short strike

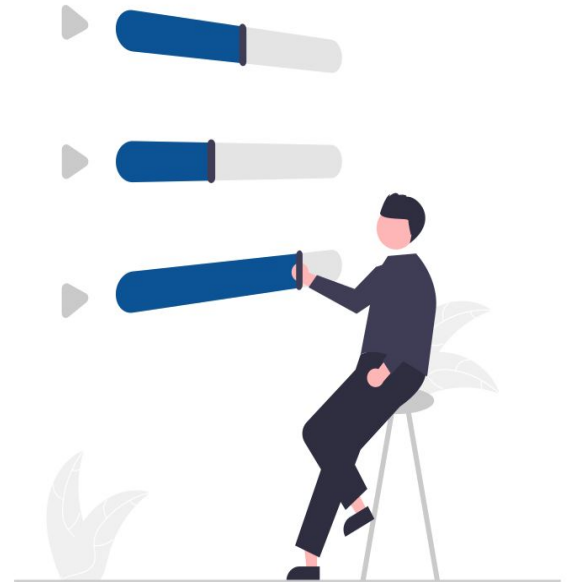
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## Exit - Stop Loss

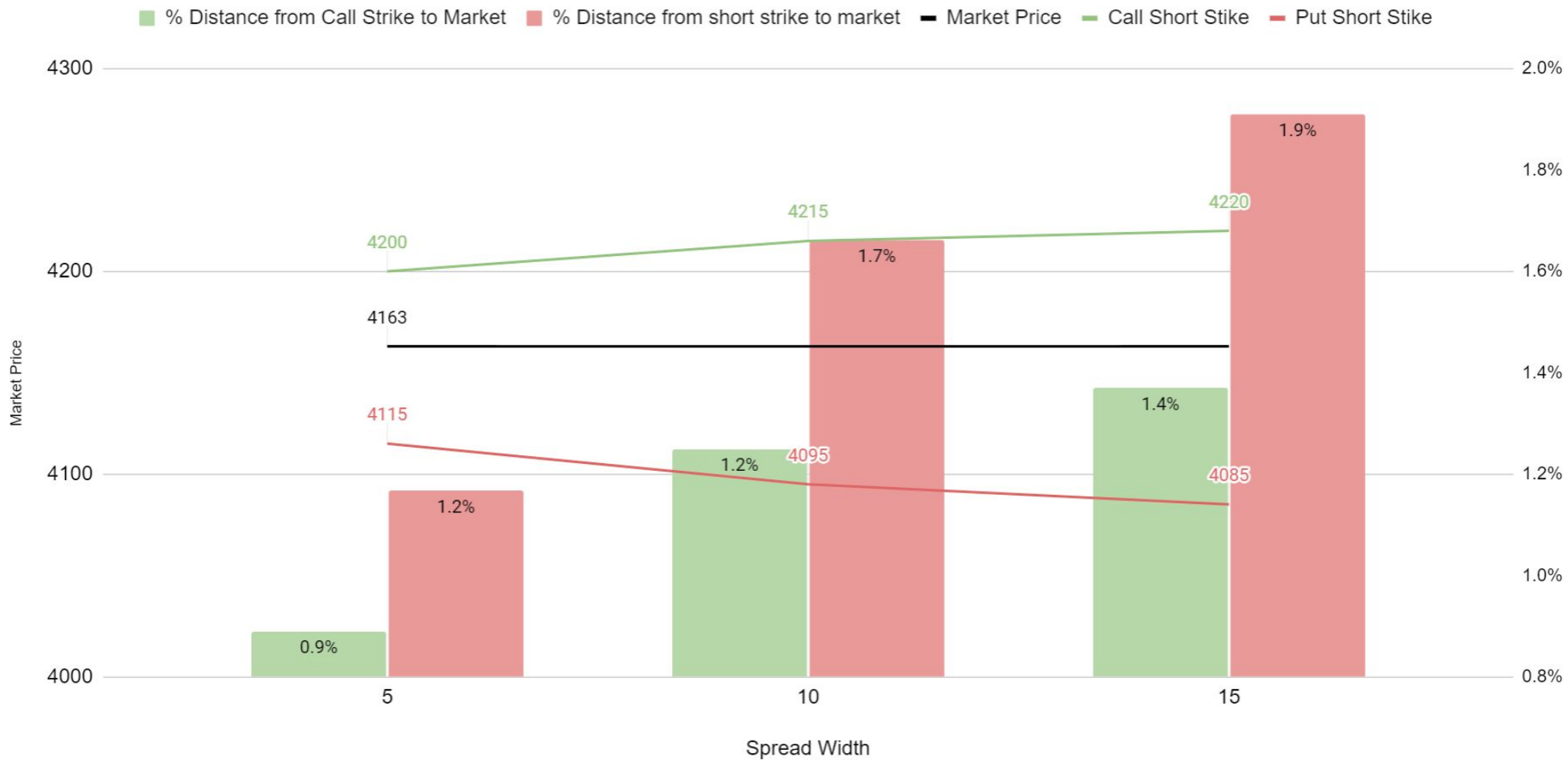
Close bear spread when premium reaches 2x to 3x of credit.

# Managing SPX 0 DTE Trades

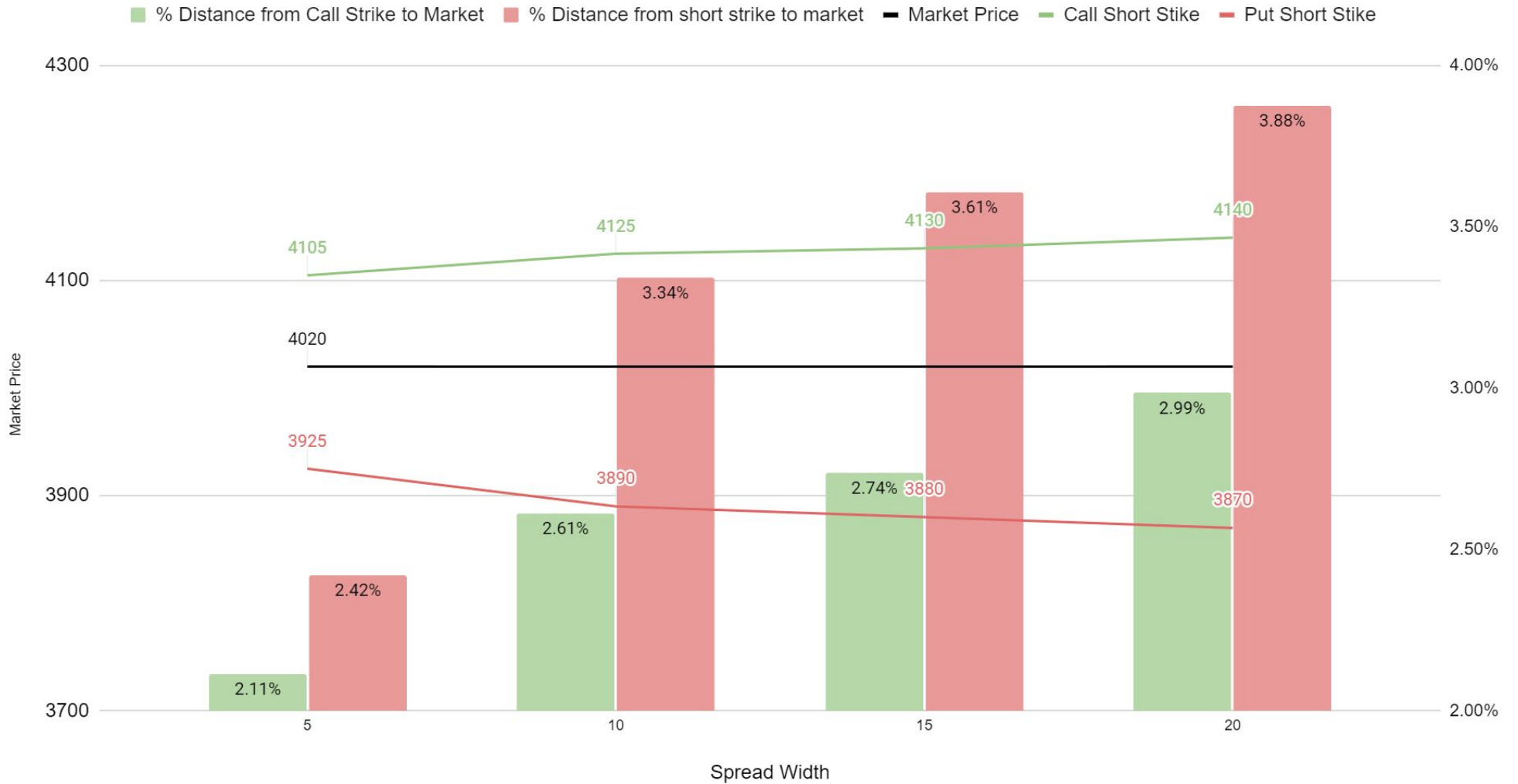
Out of Money (OTM) and In The Money (ITM)  
Same Strikes, Lower Strikes,  
Widen Spread



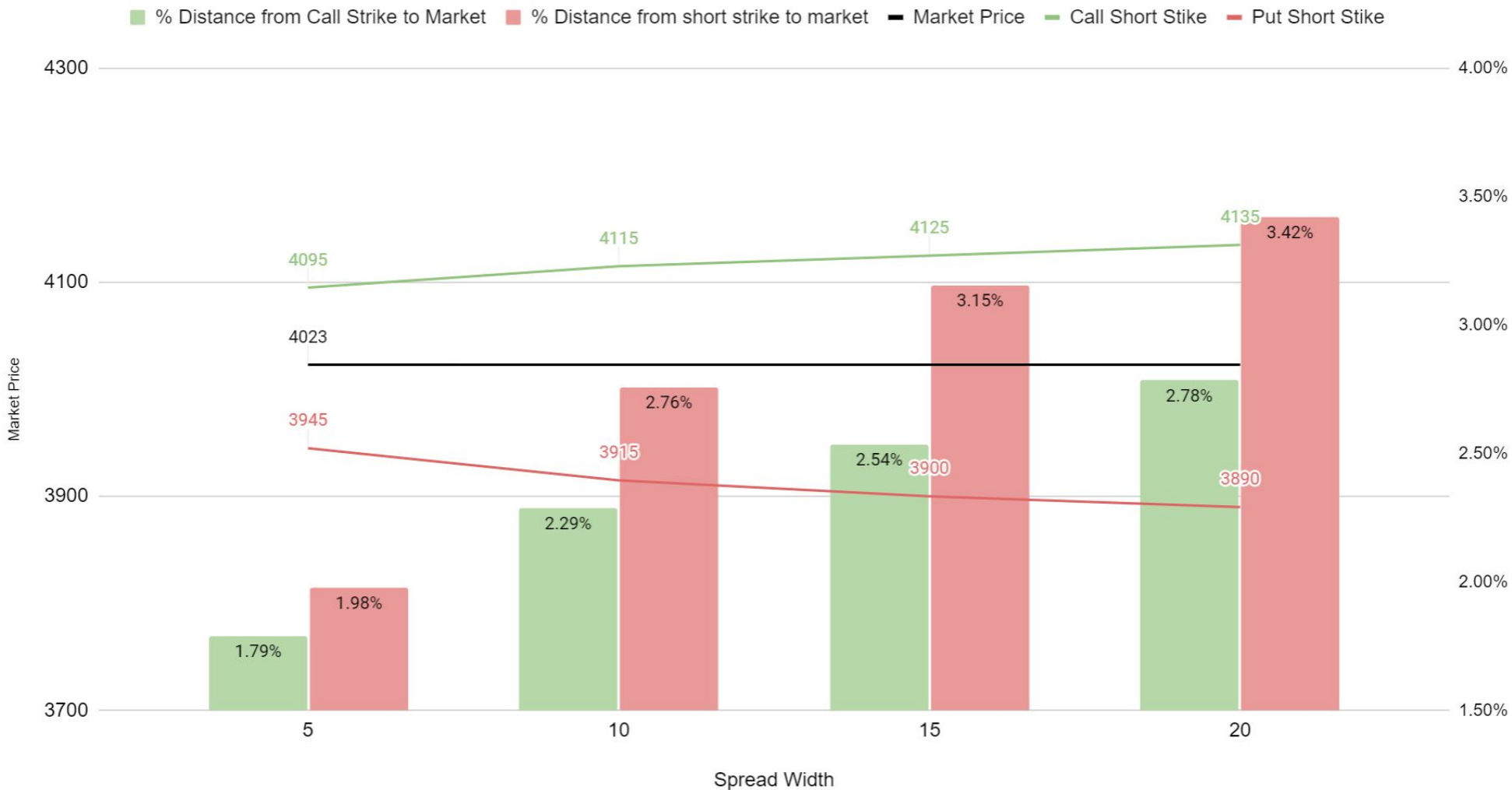
# 0 DTE 22 VIX



# 0 DTE VIX 27



# 1 DTE VIX 27



# OTM 0 DTE - Bull Spread Same Strikes, Next Day

Same strikes  
for a \$1.75 credit

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3575/3565 PUT @2.45

SPX	11 OCT 22 (Weeklys)	3575	PUT	2.45
SPX	11 OCT 22 (Weeklys)	3565	PUT	CREDIT

Rolled to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 12 OCT 22/11 OCT 22 3575/3565/3575/3565 PUT @1.75

SPX	12 OCT 22 (Weeklys)	3575	PUT	1.75
SPX	12 OCT 22 (Weeklys)	3565	PUT	CREDIT
SPX	11 OCT 22 (Weeklys)	3575	PUT	
SPX	11 OCT 22 (Weeklys)	3565	PUT	

# OTM 0 DTE - Bear Spread Same Strikes, Next Day

Same strikes  
for a \$1.15 credit

Date/Time: 2/7/2023, 2:32 PM

Market Price: 4142

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 7 FEB 23 4150/4160 CALL @2.40

SPX	7 FEB 23 (Week	4150	CALL	2.40
SPX	7 FEB 23 (Wee...	4160	CALL	CREDIT

Rolled to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 8 FEB 23/7 FEB 23 4150/4160/4150/4160 CALL @1.15

SPX	8 FEB 23 (Weeklys)	4150	CALL	1.15
SPX	8 FEB 23 (Weeklys)	4160	CALL	CREDIT
SPX	7 FEB 23 (Weeklys)	4150	CALL	
SPX	7 FEB 23 (Weeklys)	4160	CALL	

# OTM 0 DTE - Bull Spread Rolled Down, Next Day

Rolled down 25 points  
for a \$.35 credit

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3575/3565 PUT @2.45

SPX	11 OCT 22 (Weeklys)	3575	PUT	2.45
SPX	11 OCT 22 (Weeklys)	3565	PUT	CREDIT

Rolled to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 12 OCT 22/11 OCT 22 3550/3540/3575/3565 PUT @.35

SPX	12 OCT 22 (Weeklys)	3550	PUT	.35
SPX	12 OCT 22 (Weeklys)	3540	PUT	CREDIT
SPX	11 OCT 22 (Weeklys)	3575	PUT	
SPX	11 OCT 22 (Weeklys)	3565	PUT	



# OTM 0 DTE - Bear Spread Rolled Down, Next Day **Rolled up 15 points for a \$.30 credit**

Date/Time: 2/7/2023, 2:32 PM

Market Price: 4142

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 7 FEB 23 4150/4160 CALL @2.40

SPX	7 FEB 23 (Week	4150	CALL	2.40
SPX	7 FEB 23 (Wee...	4160	CALL	CREDIT

Rolled to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 8 FEB 23/7 FEB 23 4165/4175/4150/4160 CALL @1.15

SPX	8 FEB 23 (Weeklys)	4165	CALL	.30
SPX	8 FEB 23 (Weeklys)	4175	CALL	CREDIT
SPX	7 FEB 23 (Weeklys)	4150	CALL	
SPX	7 FEB 23 (Weeklys)	4160	CALL	

# OTM 0 DTE Bull Spread Rolled Down/Widened, Next Day

Rolled down 45 points  
and widened for  
a \$.15 credit

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3575/3565 PUT @2.45

SPX	11 OCT 22 (Weeklys)	3575	PUT	2.45
SPX	11 OCT 22 (Weeklys)	3565	PUT	CREDIT

Rolled to Following Day and Widened:

SELL -1 VERT ROLL SPX 100 (Weeklys) 12 OCT 22/11 OCT 22 3530/3515/3575/3565 PUT @.15

SPX	12 OCT 22 (Weeklys)	3530	PUT	.15	LMT
SPX	12 OCT 22 (Weeklys)	3515	PUT	CREDIT	
SPX	11 OCT 22 (Weeklys)	3575	PUT		
SPX	11 OCT 22 (Weeklys)	3565	PUT		

# OTM 0 DTE - Bear Spread Rolled Down, Widened Next Day

Rolled up 25 points  
and widened for a  
\$.35 credit

Date/Time: 2/7/2023, 2:32 PM

Market Price: 4142

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 7 FEB 23 4150/4160 CALL @2.40

SPX	7 FEB 23 (Week	4150	CALL	2.40
SPX	7 FEB 23 (Wee...	4160	CALL	CREDIT

Rolled to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 8 FEB 23/7 FEB 23 4175/4190/4150/4160 CALL @.35

SPX	8 FEB 23 (Weeklys)	4175	CALL	.35
SPX	8 FEB 23 (Weeklys)	4190	CALL	CREDIT
SPX	7 FEB 23 (Weeklys)	4150	CALL	
SPX	7 FEB 23 (Weeklys)	4160	CALL	

# OTM 0 DTE - Bull Spread Same Strikes, 2 Days Out

Rolling 2 days out instead of 1, gives you a \$.40 cent higher credit

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3575/3565 PUT @2.45

SPX	11 OCT 22 (Weeklys)	3575	PUT	2.45
SPX	11 OCT 22 (Weeklys)	3565	PUT	CREDIT

Rolled 2 Days Out, Same Strikes

SELL -1 VERT ROLL SPX 100 (Weeklys) 13 OCT 22/11 OCT 22 3575/3565/3575/3565 PUT @2.15

SPX	13 OCT 22 (Weeklys)	3575	PUT	2.15
SPX	13 OCT 22 (Weeklys)	3565	PUT	CREDIT
SPX	11 OCT 22 (Weeklys)	3575	PUT	
SPX	11 OCT 22 (Weeklys)	3565	PUT	

# OTM 0 DTE - Bull Spread Rolled Down/Widened, 2 Days

Rolling down 2 days and widening gives you 60 points for \$.35

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3575/3565 PUT @2.45

SPX	11 OCT 22 (Weeklys)	3575	PUT	2.45
SPX	11 OCT 22 (Weeklys)	3565	PUT	CREDIT

Rolled Down and Widened, 2 Days Out

SELL -1 VERT ROLL SPX 100 (Weeklys) 13 OCT 22/11 OCT 22 3515/3505/3575/3565 PUT @.35

SPX	13 OCT 22 (Weeklys)	3515	PUT	.35
SPX	13 OCT 22 (Weeklys)	3505	PUT	CREDIT
SPX	11 OCT 22 (Weeklys)	3575	PUT	
SPX	11 OCT 22 (Weeklys)	3565	PUT	

# OTM 0 DTE - Bull Spread Rolled Down/Widened, 2 Days

Rolling down 2 days and widening by 5 points gives you 100 SPX points

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3575/3565 PUT @2.45

SPX	11 OCT 22 (Weeklys)	3575	PUT	2.45
SPX	11 OCT 22 (Weeklys)	3565	PUT	CREDIT

Rolled Down and Widened, 2 Days Out with Lower Credit

SELL -1 VERT ROLL SPX 100 (Weeklys) 13 OCT 22/11 OCT 22 3475/3460/3575/3565 PUT @.15

SPX	13 OCT 22 (Weeklys)	3475	PUT	.15
SPX	13 OCT 22 (Weeklys)	3460	PUT	CREDIT
SPX	11 OCT 22 (Weeklys)	3575	PUT	
SPX	11 OCT 22 (Weeklys)	3565	PUT	

# ITM 0 DTE - Bull Spread Same Strikes, Next Day

Rolling an ITM credit spread will always end up costing you to get out of it

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3590/3580 PUT @6.10

SPX	11 OCT 22 (Weeklys)	3590	PUT	6.10
SPX	11 OCT 22 (Weeklys)	3580	PUT	CREDIT

Roll Down to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 12 OCT 22/11 OCT 22 3590/3580/3590/3580 PUT @-.90

12 OCT 22 (Weeklys)	3590	PUT	-.90
12 OCT 22 (Weeklys)	3580	PUT	DEBIT
11 OCT 22 (Weeklys)	3590	PUT	
11 OCT 22 (Weeklys)	3580	PUT	

# ITM 0 DTE - Bull Spread Same Strikes, Next Day

An ITM credit spread is very expensive to roll down

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3590/3580 PUT @6.10

SPX	11 OCT 22 (Weeklys)	3590	PUT	6.10
SPX	11 OCT 22 (Weeklys)	3580	PUT	CREDIT

Roll Down to Following Day:

SELL -1 VERT ROLL SPX 100 (Weeklys) 12 OCT 22/11 OCT 22 3550/3540/3590/3580 PUT @-3.30

SPX	12 OCT 22 (Weeklys)	3550	PUT	-3.30
SPX	12 OCT 22 (Weeklys)	3540	PUT	DEBIT
SPX	11 OCT 22 (Weeklys)	3590	PUT	
SPX	11 OCT 22 (Weeklys)	3580	PUT	



# ITM 0 DTE - Bull Spread Rolled Down Widened, Next Day

Even trying to widen an ITM credit spread will only yield 15 points of downside protection

Date/Time: 10/11/2022, 3:32 PM

Market Price: 3580

Position:

SELL -1 VERTICAL SPX 100 (Weeklys) 11 OCT 22 3590/3580 PUT @6.10

SPX	11 OCT 22 (Weeklys)	3590	PUT	6.10
SPX	11 OCT 22 (Weeklys)	3580	PUT	CREDIT

Roll to Following Day:

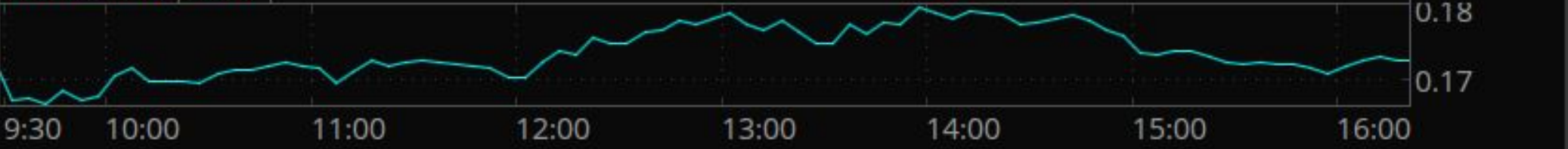
SELL -1 VERT ROLL SPX 100 (Weeklys) 12 OCT 22/11 OCT 22 3575/3560/3590/3580 PUT @.00

SPX	12 OCT 22 (Weeklys)	3575	PUT	.00
SPX	12 OCT 22 (Weeklys)	3560	PUT	
SPX	11 OCT 22 (Weeklys)	3590	PUT	
SPX	11 OCT 22 (Weeklys)	3580	PUT	

SPX 5 D 5m D: 5/12/23, 9:30 AM O: 4138.54 H: 4143.17 L: 4138.54 C: 4141.76 R: 4.63 Y: 4128.81



ImpVolatility 0.167



SPX

4109.90

0.00%

B: 4098.91  
A: 4133.27

5m

\$4155.1

50.0%

9:30 STO -1 10 MAY 23 4185/4195 CALL @.55

9:32 STO -1 10 MAY 23 4115/4105 PUT @.60

11:39 AM SELL -1 VERT ROLL 11 MAY 23/10 MAY 23 4100/4085/4115/4105 PUT @.30

ImpVolatility 0.1779

0.1797

SPX 5 D 5m D: 5/10/23, 10:25 AM

O: 4133.66

H: 4135.21

L: 4131.02

C: 4131.05

R: 4.19 ...





## 0 DTE Typical Adjustments

Original Trade: 5/10 -1 10 MAY 23 4115/4105 PUT @.60

Rolled on 5/10 11:39 AM SELL -1 VERT ROLL 11 MAY 23/10 MAY 23 4100/4085/4115/4105 PUT @.30

New Position 5/10 -1 SPX 11 MAY 23 4100/4085 PUT @0.90

Rolled on 5/11 SELL -1 VERT ROLL 12 MAY 23/11 MAY 23 4090/4075/4100/4085 PUT @.15

New Position 5/11 -1 SPX 12 MAY 23 4090/4075 PUT @1.05

Rolled on 5/12 SELL -1 VERT ROLL 16 MAY 23/12 MAY 23 4060/4045/4090/4075 PUT @.25

New Position -1 SPX 16 MAY 23 4060/4045 PUT @1.30

5/16 BTC +1 16 MAY 23 4060/4045 PUT @.10, Total Credit \$1.20

# 2023/24 Performance

Jul 2024	\$1,394
Jun 2024	\$3,803
May 2024	\$7,209
Apr 2024	\$9,727
Mar 2024	\$1,296
Nov 2023	\$415
Oct 2023	\$3,373
Sep 2023	\$3,776
Aug 2023	\$4,040
Jul 2023	\$2,829
Jun 2023	\$1,915
May 2023	\$2,111
Apr 2023	\$1,338
Mar 2023	\$2,169
Feb 2023	\$2,009
Jan 2023	\$1,787

# ► Get My Positions

**Free Newsletter** - Email sent every Mon, Wed and Fri before the market opens with ONLY the info you need.

## SPX 7 DTE Trade:

### OPEN POSITIONS

Trade 559 23-07-20 Rolled From 0 DTE Channel

-2 SPX 100 (Weeklys) 25 JUL 23 4505/4495 PUT @0.85

Trade 551-4 23-07-11

-2 SPX 100 (Weeklys) 26 JUL 23 4575/4590 CALL @0.25

Trade 561 23-07-21

-2 SPX 100 (Weeklys) 26 JUL 23 4470/4455 PUT @0.85

## Potential Bear Credit Spread

Spread 1:

SELL -2 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4575/4585 CALL @.50 LMT

Spread 2:

SELL -2 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4570/4580 CALL @.75 LMT

## Potential Bull Credit Spread

Spread 1:

SELL -2 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4515/4505 PUT @.60 LMT

Spread 2:

SELL -2 VERTICAL SPX 100 (Weeklys) 24 JUL 23 4520/4510 PUT @.95 LMT

## Potential Iron Condor:

SELL -2 IRON CONDOR SPX 100 (Weeklys) 24 JUL 23 4570/4580/4520/4510

CALL/PUT @1.65 LMT



15,000+  
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A stack of white sticky notes is shown, with the top note prominently displaying the word "YES" in large, bold, black capital letters. The notes are slightly offset, creating a sense of depth and texture. The background of the notes is a light beige color, and the text is a stark black.

**YES**

Would you like to follow our trades while you learn using the our short term strategies I've outlined so you can be a consistently profitable trader?

**One: Interested in learning new strategies**

**Two: Desire to see your account grow month after month**

**Three: Find the right strategy that provides consistent trading results**





## ► Time to Break the Barriers!

Will you keep doing what you're doing and **hope** that one day something will stick?



No Quit Attitude  
Commitment  
Discipline  
Having an Edge

Will you finally **take the steps** that will get you to the place you want to be and **THAT WORKS!**





SUCCESS



## SOS Trade Alerts

SOS Trade Alerts are instant trade notifications sent directly to a phone or computer that announce high probability options and futures trades for those who are seeking to generate consistent income and more dependable returns from their trades.



## SOS Trade Alerts

Whether you're just getting started or already successful and ready to expand your strategies, SOS Trade Alerts will help you trade at your highest level. It's designed to transform your trading from uncertain to predictable and teach you how to generate consistent returns.

# Live chat and.. Subscriber Chat Groups

**Pinned message**  
If you are interested in \$.35 options commissions for accounts greater than \$5k, ope...

I think it's the rang

**IKE** admin  
Correct....we don't expect Mr. VIX to tell us that. 3:17 PM

Today has been short covering..... 3:18 PM

lots of corrective overlap...price goes up and falls back into range 3:18 PM

ES needs to take out 4112.5...until then pressure remains down 3:19 PM

**IKE** admin  
Chart Review in ES Chart Room 3 55 3:51 PM

SOS Trader Lounge ended the video chat (6 hours)

\*\*\*\*\*

**Al Losada**  
Ah okay... 21 OCT 22 SPX 3670/3660 PUT 0.850 -2 0.8... 7:42 PM

Al, how do I know when you open a new trade?

You should be alerted. Make sure the channels are r

**IKE** admin  
Tomorrow's Stock Picks are posted. 10:26 PM

**Jerry**  
**IKE**  
Tomorrow's Stock Picks...  
Sorry, where at? 10:51 PM

August 30

Chona Tuason joined the group via invite link

**IKE** admin  
**Jerry**  
Sorry, where at?  
Jerry, there is a separate service Stock Picks. The service offers Daily Stocks Picks, a monthly watchlist, and 5 model portfolios. The price is \$29 per month or \$299 per year. You can pm me for additional details. 6:17 AM

**Pinned message**  
SOS Subscriber Trades Chat group is to share trades that our subs

trying to close for 0.10 2:34 PM

**ILOVEOPTIONS**  
SELL -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4000/3990 closed +0.55 BOT +1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4000/3990 PUT @.10 CBOE

**carl m**  
Hindsight, guess I could be closing for more profit but oh w Keep it honest for now

**Azhar Pasha**  
Are we bullish for tomorrow guys? 2:58 PM

**Paul H**  
First closed-In of the day: BOT +1 SPX 100 (Weeklys) 29 AUG 22 4045 PUT @4.40 and closed-in SOLD -1 SPX 100 (Weeklys) 29 AUG 22 4040 PUT @4.60 CBOE

**ILOVEOPTIONS**  
**Azhar Pasha**  
Are we bullish for tomorrow gu...  
I am neutral to bearish..... 2:59 PM

**carl m**  
About +450 for the day, with no last minute fireworks. Decli dip back in .

**IC** would of expired with about 350 in profits give or take to

**ILOVEOPTIONS**

consolidating day.....

**Paul H**  
**Paul H**  
First closed-In of the day: B...  
100% ITM nice winner 4:01 PM

**Pinned message**  
Hi all, in order to ensure conversations in the SOS Trade Chat channel are not cluttere...

Additionally, everyone should have caught the bear spread by now.

**Aron C**  
**@al\_losada** - what is the SPX level you look to defend or roll out that 4205/4220 CCS position as today has been straight up green 10:03 AM

Man, you are early to the punch! 10:03 AM

**Mason Robinson**  
**Al Losada**  
The market opened at 4158.75 and went down after I placed my...  
Oh ok, so this was in regards to those four minutes between the open and the 9:34 low of 4147.5. That makes sense, I missed those first 4 minutes so I was a little confused as it's only moved up from the 9:34... 10:03 AM

Yessir! 10:04 AM

**Aron C**  
**Al Losada**  
Man, you are early to the punch! 10:04 AM

I know, I need to learn patience... but I like to be prepared, I have to juggle lot of things in the day 10:04 AM

For 0 DTE you must be prepared during the first 10 mins or less or else you may miss the trade. Yesterday was a good example and today was a good example for the bull spread. 10:05 AM

**Aron C**  
I know, I need to learn patience... but I like to be prepared, I hav...  
Got it... I will looking at 10 points below the short strike but may be more patient since it is a low probability that the market closes above 4200 today. 10:08 AM

**Aron C**  
**Al Losada**  
Got it... I will looking at 10 points below the short strike but may...  
thanks... I took the 4200/4215 position at 0.5 as I couldn't get over 0.5 for the 4205 setup.... I did add additional contracts at \$1.4 on that strike so my ave price is .95

# Channels for Trade Alerts

**Pinned message**  
Credit spreads capital requirements that I use: For every \$10k of margin I limit my po...

**Potential Bull Credit Spread**  
Spread 1:  
SELL -5 VERTICAL SPX 100 (Weeklys) 29 AUG 22 3960/3950 PUT @.60 LMT  
Spread 2:  
SELL -5 VERTICAL SPX 100 (Weeklys) 29 AUG 22 3965/3955 PUT @.70 LMT

**Potential Iron Condor:**  
SELL -5 IRON CONDOR SPX 100 (Weeklys) 29 AUG 22 4090/4100/3965/3955 CALL/PUT @1.20 LMT

The potential trades above may or may not be taken by me since the pre-market may have moved before regular session. I post my trades shortly after the market opens. I look for premiums between .50 and .75. The lower risk premium spreads are listed as Spread 1 and the higher risk premium spreads are listed as Spread 2.

79 Al Losada, 8:53 AM

**SOS 0 DTE Live Trades**  
STO -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

89 IntegroBot, 9:32 AM

**SOS 0 DTE Live Trades**  
STO -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

88 IntegroBot, 9:33 AM

**SOS 0 DTE Live Trades**  
STO -2 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

87 IntegroBot, 9:34 AM

**SOS 0 DTE Live Trades**  
STO -1 VERTICAL SPX 100 (Weeklys) 29 AUG 22 4085/4095 CALL @.50

87 IntegroBot, 9:35 AM

**SOS 0 DTE Live Trades**  
STO -5 VERTICAL SPX 100 (Weeklys) 29 AUG 22 3965/3955 PUT @.55

87 IntegroBot, 9:36 AM

**SOS 0 DTE Live Trades**  
All trades will expire worthless

61 Al Losada, 3:55 PM

**SOS 0 DTE Live Trades**  
29 Aug 22 SPX 3965/3955 PUT 0.55 -5 0.55 \$272.01  
29 Aug 22 SPX 4085/4095 CALL 0.50 -5 0.50 \$247.01  
Daily Total Premium P/L 1.05 Total 2 Trade(s) Trade P/L \$519.02  
Running Total Premium P/L 146.72 Total 842 Trade(s) Trade P/L \$9,373.47

51 IntegroBot, 5:10 PM

**Pinned message**  
Credit spreads capital requirements that I use: For every \$10k of margin I limit my po...

**SOS 7 DTE Live Trades**  
**OPEN POSITION**  
The following positions are sorted by Expiration Date:

Trade 390-1: 2022-08-25  
-1 SPX(Weekly) 29 AUG 22 4045/4030 PUT @1.20

Trade 383-3: 2022-08-19  
-3 SPX(Weekly) 30 AUG 22 4125/4085 PUT @1.65 avg cost

Trade 381-2: 2022-08-18  
-1 SPX(Weekly) 29 AUG 22 4130/4120 PUT @0.70

Trade 389: 2022-08-25  
-2 SPX(Weekly) 30 AUG 22 4020/4010 PUT @0.80

Trade 391: 2022-08-26 From 0DTE roll  
-5 SPX(Weekly) 30 AUG 22 4105/4080 PUT @0.95

76 Ken, 12:06 PM

**SOS 7 DTE Live Trades**  
Rolling trade 381

74 Al Losada, 12:43 PM

**SOS 7 DTE Live Trades**  
SELL -1 VERT ROLL SPX 100 (Weeklys) 31 AUG 22/29 AUG 22 4090/4075/4130/4120 PUT @.10 LMT

74 Al Losada, 12:43 PM

**SOS 7 DTE Live Trades**  
Had to change the strikes

73 Al Losada, 12:47 PM

**SOS 7 DTE Live Trades**  
Trade Date: 2022-08-29T16:46:55.000Z  
Trade: STO -1 VERT ROLL SPX 100 (Weeklys) 31 AUG 22/29 AUG 22 4095/4080/4130/4120 PUT @.00

73 IntegroBot, 12:47 PM

**SOS 7 DTE Live Trades**  
Rolling trade 390

72 Al Losada, 1:00 PM

**SOS 7 DTE Live Trades**  
Trade Date: 2022-08-29T17:00:03.000Z  
Trade: STO -1 VERT ROLL SPX 100 (Weeklys) 30 AUG 22/29 AUG 22 4030/4015/4045/4030 PUT @.30

74 IntegroBot, 1:00 PM

**SOS 7 DTE Live Trades**  
**OPEN POSITION**  
The following positions are sorted by Expiration Date:

Trade 390-2: 2022-08-25  
-1 SPX(Weekly) 29 AUG 22 4045/4030 PUT @1.20

**Pinned message**  
Credit spreads capital requirements that I use: For every \$10k of margin I limit my po...

Running Total Premium P/L 59.476 Total 236 Trade(s) Trade P/L \$57,359.81

87 IntegroBot, 5:10 PM

**SOS Monthly Expiration Trades**  
**Open Positions:**

Trade 87: 2022-08-22  
-1 SPX(AM) 16 SEP 22 3860/3850 PUT @0.85

Trade 67-5: 2021-12-28  
-5 SPX(AM) 16 SEP 22 4380/4360 PUT @2.10

Trade 295-24, 296-18: 2022-01-04 -- Rolled From 7DTE  
-10 SPX(AM) 16 SEP 22 4525/4460 PUT @-6.20

Trade 88: 2022-08-23 - BTO  
+1 BUTTERFLY SPX(AM) 16 SEP 22 3845/3840/3825 PUT @-.80

110 Ken, edited 5:50 PM

August 25

**SOS Monthly Expiration Trades**  
STO -2 VERTICAL SPX 100 21 OCT 22 AM 3670/3660 PUT @.85

117 IntegroBot, 9:54 AM

**SOS Monthly Expiration Trades**  
**Open Positions:**

Trade 87: 2022-08-22  
-1 SPX(AM) 16 SEP 22 3860/3850 PUT @0.85

Trade 67-5: 2021-12-28  
-5 SPX(AM) 16 SEP 22 4380/4360 PUT @2.10

Trade 295-24, 296-18: 2022-01-04 -- Rolled From 7DTE  
-10 SPX(AM) 16 SEP 22 4525/4460 PUT @-6.20

Trade 88: 2022-08-23 - BTO  
+1 BUTTERFLY SPX(AM) 16 SEP 22 3845/3840/3825 PUT @-.80

Trade 89: 2022-08-25  
-2 SPX(AM) 21 OCT 22 3670/3660 PUT @0.85

120 Ken, 10:13 AM

**SOS Monthly Expiration Trades**  
21 OCT 22 SPX 3670/3660 PUT 0.850 -2 0.850 \$167.51  
Daily Total Premium P/L 0.85 Total 1 Trade(s) Trade P/L \$167.51  
Running Total Premium P/L 60.326 Total 237 Trade(s) Trade P/L \$57,527.32

147 IntegroBot, 5:10 PM



Marianne Hodne  
Kjaervik

## ▶ **Trader Success Story**

Al Losada is a great trading mentor, and I've been a part of his program for over a year now. He is very very patient, and my favorite strategies that he teaches us are the 7dte and Monthly SPX spreads. I'm finally able to make some monthly income trading!



Bruce Gardner

## ▶ **Trader Success Story**

Terrific service ! I've achieved slightly better than a 94% win rate since I started tracking, with documented gains in the 5-figures for a 31% gain in my options trading account in only 5 months. The best part is the risk management and post-trade management, KEY to any options trading plan. The subscription is money well spent and I highly recommend AI's service!





Glyn Norman

## ▶ **Trader Success Story**

"I started on 4 months ago and currently at \$22,092 in profits (not counting commissions) unlike almost every other trading system, AI has 100% transparency with his trades. He freely shares his spreadsheets showing all trades going back more than a year. Where else can you find that?? Honesty, transparency, win-rate, ... unrivalled.



Dale Goldwater

## ▶ Trader Success Story

I have been trading strictly 0DTE and 7DTE since October. Started with \$3K, now up to \$31K. Yes I have had to roll. Sometimes to save a trade, sometimes to collect earnings, and keep a good trade going. Even with some losses, I get them back. I have learned a lot from this group. Thanks to AL and Ike, and some of the big name traders in this group.



Russ Wood

## ▶ **Trader Success Story**

Following AI's lead, I turned a \$7,000 account into a \$26,000 account trading 2 to 3 contracts since January 20th, 2023.

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Subscribe for one month and lose money by following my trades, I will refund your subscription amount x 1.25!

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**\$59/M** ~~\$79/M~~

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- Premium Trades
- Futures Alert
- ES Options on Futures
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- Live Trade Rooms

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**\$129/M** ~~\$149/M~~

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Includes Futures Trades

### ALERTS INCLUDED

- Monthly Expiration Alert
- Subscriber Trade Alerts
- 0 DTE Alert
- 7 DTE Alert
- Premium Trades
- Futures Alert
- ES Options on Futures
- Fast Profit SPX Options Trades (by Michael)

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- Traders Education Portal
- Live Trade Rooms

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**\$199/M** ~~\$219/M~~

Special Waitlist Price

Includes ODTE Fast Profit Channel

### ALERTS INCLUDED

- Monthly Expiration Alert
- Subscriber Trade Alerts
- 0 DTE Alert
- 7 DTE Alert
- Premium Trades
- Futures Alert
- ES Options on Futures
- Fast Profit SPX Options Trades (by Michael)

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Al Losada's

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*Wow. This has been outstanding. I am very glad I purchased this. The guidance is realistic and not "pie in the sky" BS like many of the programs I have reviewed. The risk is real and I know how to manage it now with a plan and have confidence that my trading will be consistent.*

*Patrick Connors*

*I have subscribed to your alert since November 18 2020 and just wanna say I enjoyed it very much and I learned so much from your knowledge. Your adjustment strategy is GOLD. My 7 dte and monthly account DTE grew from my initial capital 5000 usd to 10,000 usd as of now and I thank you for that.*

*Yulius Widjaja*